



## **The Grill Sergeant: Your Taste Buds' Travel Agent**

ALEXANDRIA, Va., Nov. 4, 2009 — “Ooh, Wee”, he’s back!! The Pentagon Channel is dishing out some more tasty show offerings with the newest season of ‘The Grill Sergeants’, premiering Monday, November 16, 1200 ET. ‘The Grill Sergeants’ hit the road for its third season, shooting on location in Hyde Park, NY, at The Culinary Institute of America, which was founded as a school for veterans.

Season 3 features “international cuisine”, highlighting some of the regional dishes troops may encounter while stationed around the world. Watch and you’ll find out how to whip up some international delights like spaetzle from Germany, bulgogi from Korea or tandoori chicken from India.

This season also welcomes two new Grill Sergeants to the mix: SSG Edmund Perez, from Fort Sam Houston, TX, and SSG Guy Winks, former Culinary Institute of America Military Liaison, now an instructor for the Advanced Culinary Skills Course at Fort Lee, VA.

It’s been an exciting time for the original ‘Grill Sergeant’, SFC Brad Turner. Recently, he was an unsuspecting opponent during a ‘Throwdown with Bobby Flay’ on the Food Network. SFC Turner also made an appearance in New York City on the Fox News morning show, ‘Fox & Friends’, as well as a feature on NPR’s ‘All Things Considered’.

‘The Grill Sergeants’, is a weekly 30 minute cooking show featuring some of the military’s top chefs as they guide viewers through step-by-step menu preparation, along with important nutrition and food safety tips. Seasons 1 & 2 are currently available, along with recipes, at [www.pentagonchannel.mil](http://www.pentagonchannel.mil) and via Podcast on iTunes.

### **About the Pentagon Channel**

The Pentagon Channel, the Department of Defense’s satellite television channel, broadcasts military news and information for and about the 2.6 million members of the U.S. Armed Forces -- Active Duty, National Guard and Reserve. Broadcasting 24 hours a day, seven days a week, the Pentagon Channel helps ensure that U.S. forces remain the best informed in the world.

Today, the Pentagon Channel is available on-base to more than 1.3 million service members who live and work on over 370 military bases, camps and installations in the U.S. The channel is also available to the 800,000 service members and their families serving overseas in 178 countries via the American Forces Radio and Television Service (AFRTS).

The Pentagon Channel reaches more than 18 million households through commercial distribution on satellite and cable systems nationwide. DISH Network, Verizon FiOS and divisions of Comcast, Time Warner, Cox, Charter, Mediacom, RCN, Armstrong, Midcontinent, Knology, GCI, and a number of smaller cable companies and local access channels in communities around the country carry the Pentagon Channel.

In addition, Pentagon Channel programming is streamed live 24/7 at <http://www.pentagonchannel.mil>, is available via video-on-demand, and podcast – both audio and video - from this website.

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